FITNESS

- 1. Champions will schedule a session with the instructor like normal.
- 2. Be sure you have the budget to cover the fees of this program.
- 3. The vendor will send an invoice to the district wellness team. The district wellness team will handle the payment process.
- 4. The district team will pay the vendor directly by deducting the Champions budget within 30 days after the invoice is received.

Name: Coach Tii Wood

Number: (845)-554-4254

E-mail: burgbodyfitness@gmail.com

Service: Group Fitness Classes, Boot Camps, Personalized Exercise Program

Time: 45 minutes to 1 hour

Area covered: Mid County and South County

Cost: \$100-\$300 Depending on service provided

Vendor #: 43025